

Special Lesson: New Sunday, New Life

New Sunday: Jesus Sends Us to Share His Love

Teacher Preparation and Materials Needed:

Scriptural Reference: John 20:20-29

Materials Needed: Legal sized parchment-colored paper (or white paper stained with tea bags for effect), tea bags (if needed), brown or black markers, ribbon, yarn, or string, wooden dowels, straight sticks or rolled-up cardstock for scroll ends, glue or tape.

Video Lesson: [What is Discipleship? | Kids on the Move](#)

Words of the week:

նոր - nor - new

խաղաղութիւն - kha-gha-ghoo-tyoon - peace

յարութիւն - har-oo-tyoon - resurrection

Objective and Moral Character Focus:

To help students understand that the risen Jesus brings peace and gives His followers the mission to share His love with the world.

Memory Verse:

“As the Father has sent me, I am sending you.”

John 20:21

Lesson

Open with prayer:

Իմաստութիւն Յօր՝ Յիսուս, տո՛ւր ինձ իմաստութիւն, զբարիս խորհել եւ խօսել եւ գործել առաջի Քո՝ յամենայն ժամ. ի չար խորհրդոց, ի բանից եւ ի գործոց փրկեա՛ զիս. եւ ողորմեա՛ Քո արարածոց եւ ինձ բազմամեղիս: Ամէն:

Eemasdootyoon Hor Heesoos, door eents eemasdootyoon uzparees khorel yev khosel yev kordz arachi ko hamenayn jham. Ee char khorhrtos, paneets yev kordzots prgya zeess yev voghormya ko araradzots eents pazmameghees. Amen.

Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.

**Wisdom Prayer, written by St. Nersess the Grace-filled (Shnorhali).*

Lesson Body:

After Jesus died on the cross and was placed in the tomb, His disciples were scared and confused. Even though they had followed Jesus, seen His miracles, and heard Him say that He would rise again, they didn't know what to believe and what to expect. Their teacher and their friend were gone. What would possibly happen to them? Were they in danger of facing the same fate too? They hid inside a room and didn't know what to do next. The world outside felt dangerous, and they felt very small and powerless.

Q: *What were the times when you felt scared, small and powerless?*

On the evening of the resurrection, something extraordinary happened. Jesus, now alive again, appeared in the room with the disciples. Even though the doors were locked, Jesus stood right in the middle of the room, among them. "Peace be with you," he said. The disciples were in shock and now even more afraid and confused. He wasn't upset that His disciples were hiding, He didn't even ask why they had run away. He came to them with love, calm, and peace. He showed them the wounds in His hands and side, and they realized that this really was Jesus! Alive! He had risen from the dead! This is the exact message we share with each other during the Easter season that lasts 40 days, until the Feast of the Ascension.

During the Easter Season, we greet one another with these special words:

Քրիստոս յարեաւ ի մեռելոց:
Kreedsos haryav ee merelots!
Christ is risen from the dead!

Օրհնեալ է յարութիւնն Քրիստոսի:
Orhnyal eh harootyoonun Kreedosee!
Blessed is the resurrection of Christ!

Words of the Week:

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խաղաղութիւն - kha-gha-ghoo-tyoon - peace
յարութիւն - har-oo-tyoon - resurrection

Memory Verse:

“As the Father has sent me, I am sending you.”
- John 20:21

Q: *If you were there with the disciples, how would it make you feel?*

Q: *What would you feel if Jesus appeared in this room, now that we know Him and celebrate Easter every year?*

The disciples were overjoyed. They had gone from hiding to celebrating in just moments. But Jesus didn’t only come to make them feel better. He came to prepare them for something very important. A journey that won’t be easy but will be worth it. Jesus said to them, “As the Father has sent me, I am sending you.” Then He breathed on them and gave them the Holy Spirit. Just like God had sent Jesus into the world to teach, love, and save, now Jesus was sending them out to do the same. They were no longer just followers—they were now messengers and apostles.

This is what it means to be a disciple and an apostle—not just to learn about Jesus, but to follow Him and live like Him. A disciple listens to the words of Jesus and tries to live them out every day. When Jesus sent out His disciples now apostles, He trusted them with something very special: to carry His love into the world. Today, we are called to do the same. Being a disciple means choosing love over hate, forgiveness over anger, and courage over fear. Even as kids, you are already disciples of Jesus when you act with kindness, pray with faith, and help others in need.

We are part of this mission too. Even though we didn’t see Jesus the way the disciples did, we believe in Him and follow Him. He wants us to be people who bring peace to others, just like He did. That might mean standing up for someone being picked on, forgiving someone who hurt us, praying for someone who’s sick, or sharing God’s love with someone who feels alone. Every time we show love, we are doing what Jesus asked us to do.

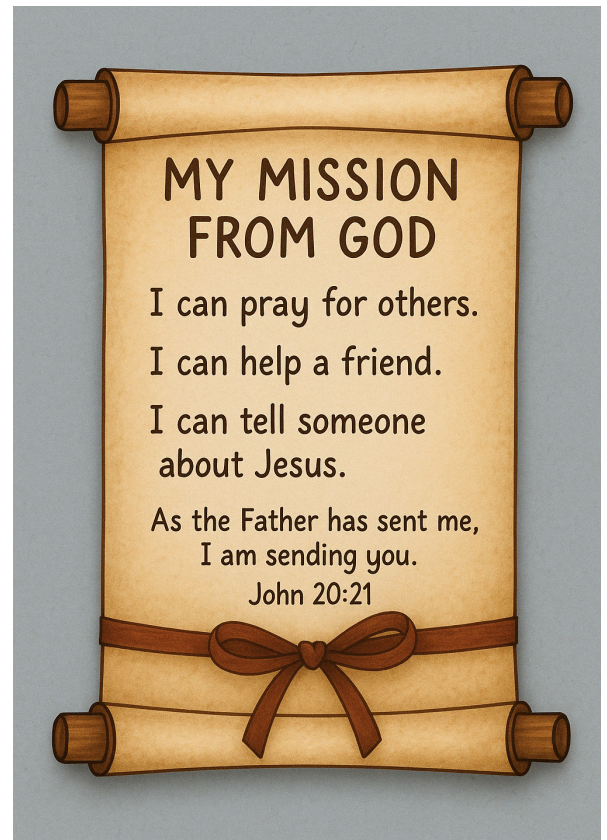
Video Lesson: [What Is Discipleship? | Kids on the Move](#)

Craft: Mission Scroll

Materials: Legal sized parchment-colored paper (or white paper stained with tea bags for effect), tea bags (if needed), brown or black markers, ribbon, yarn, or string, wooden dowels, straight sticks or rolled-up cardstock for scroll ends, glue or tape.

Instructions:

1. Use paper to create a long scroll-like shape (can trim or tape two sheets together).
2. Use wet tea bags to make the edges or parts of the paper to make paper look old or rustic.
3. At the top, write “My Mission from God” or “God’s Mission for Me”.
4. Add the memory verse from today’s lesson (make sure to leave enough room for attaching the paper to the dowels or sticks).
5. Next ask each student to write what they can do to share God’s love—examples:
“I can pray for others.”
“I can help a friend.”
“I can tell someone about Jesus.”
“I can be a peacemaker at school.”
6. Glue or tape sticks or dowels to each end of the scroll.
7. Roll it up from both sides and tie it with ribbon or string.



Review

Memory Verse Review:

“As the Father has sent me, I am sending you.” – John 20:21

Words of the Week Review:

նոր - nor - new

խաղաղութիւն - kha-gha-ghoo-tyoon - peace

յարութիւն - har-oo-tyoon - resurrection

Lesson Review:

Questions:

1. Why were the disciples hiding in the room after Jesus died? (They were afraid they would also be crucified)
2. What did Jesus say to them when He appeared? (Peace be with you)
3. What did Jesus show the disciples to help them believe it was really Him? (The holes in His hands and side)
4. What did Jesus mean when He said, “As the Father has sent me, I am sending you”? (He was giving them the responsibility to go and teach the world about God)
5. What does it mean to be a disciple today? (Acting with kindness, praying with faith, and helping others in need)

Life Application

What are we going to do with what we have learned today?

Think about your daily life—at school, at home, or with your friends. Are there people around you who feel scared, left out, or sad? Just like Jesus came to His disciples and said, “Peace be with you,” we can also bring peace to others with our words, actions, and prayers. Try this week to be someone who brings Jesus’ love to another person. You don’t need a big stage—just a kind heart.

** Departing Prayer, written by St. Nersess the Grace-filled (Shnorhali).*

Close with prayer:

Պահապան ամենայնի Քրիստոս, աջ Քո հովանի լիցի ի վերայ իմ, ի տուէ եւ ի գիշերի, ի նստիլ ի տան, ի գնալ ի ճանապարհ, ի ննջել եւ ի յառնել, զի մի երբեք սասանեցայց եւ ողորմեա՛ Քո արարածոց եւ ինձ բազմամեղիս: Ամէն

Bahaban amenayn Kreesdos, ach Ko hovanee leetsee ee vera eem; ee dveh yev ee keesheree, ee nsdeel ee dan, ee knal ee janabarh, ee nunchel yev ee harnel, zee mee yerpek sasanetsayts yev vog-hormya Ko araradzots yev eents pazmamgyhees. Amen.

O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.