

# Special Lesson: New Sunday New Life

## New Sunday: Jesus is Alive and Brings Us Peace

### Teacher Preparation and Materials Needed:

**Craft:** Handprint Peace Dove

**Materials needed:**

- White construction paper or cardstock
- Pencils
- Scissors
- Glue sticks
- Blue paper
- Googly eye or a small sticker (optional/or draw one)
- Yellow small triangles cut out from color papers for beaks

Song: [JOY! JOY! JOY! JOY! Down In My Heart!](#)

### Words of the Week:

նոր - nor - new

խաղաղութիւն - kha-gha-ghoo-tyoon - peace

յարութիւն - har-oo-tyoon - resurrection

### Objective and Moral Character Focus:

To help children understand that Jesus rose from the dead and appeared to His friends to bring them peace and joy, and that He brings us peace too when we are afraid.

### Memory Verse:

**“Peace be with you.”**

**John 20:19**

# Lesson

## Lesson Opening & Creating Interest:

Open with prayer:

**Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.**

## Lesson Body:

A long time ago, Jesus had twelve special friends called disciples. Disciples were Jesus's students. They walked with Him, listened to His teachings, and saw Him do many wonderful things. But one very sad day, one of His students gave him to people who didn't understand who He was. They put Him on a cross, and He died. His friends were heartbroken. They cried and felt very afraid. What would they do now without Jesus?

After Jesus died, everyone was sad and even afraid, especially the disciples. But very soon something amazing happened. Three days later, Jesus came back to life! This is what we celebrate on Easter—Jesus rising from the dead! We even greet each other in a special way.

Eight days after His resurrection, some of His friends knew He was alive, but some didn't believe He was alive either. They were all together in a house with the doors locked because they were scared. They didn't want the bad people to find them too.

Then—right in the middle of the room—Jesus appeared! He didn't come through the door. He just appeared, standing there with them.

*Q: Imagine if Jesus appears in this room at this very moment, what would you do?*

The disciples could not believe their eyes! They were shocked. First thing Jesus said was, **"Peace be with you."** He knew they were afraid, so He came to comfort them. He showed them His hands and His side where He had been hurt, so they would know it was really Him. The disciples were amazed and filled with joy! They were no longer sad or afraid. Jesus was alive, and He was with them.

*Q: Why do you think disciples were not afraid anymore?*

Jesus didn't just bring peace to His disciples a long time ago—He brings peace to us today, too. Even though we can't see Him with our eyes like the disciples did, He is always near. When we feel scared at night, nervous about school, or sad when something goes wrong, we can stop and remember: Jesus is alive, and He is right here with us. We can whisper a little prayer, "Jesus, please be with me," and trust that He hears us. Just like He stood in the room with His friends and calmed their fears, He brings comfort to our hearts and fills us with His love and peace. We are never truly alone, because Jesus walks with us every day and we have love of Jesus in our hearts and that brings us JOY!

Song: [JOY! JOY! JOY! JOY! Down In My Heart!](#)

*[Greeting here]*

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**Memory Verse:**

**“Peace be with you.”**

**John 20:19**

**Craft Activity: Handprint Peace Dove**

**Materials needed:**

- White construction paper or cardstock
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- Scissors
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- Yellow small triangles cut out from color papers for beaks

**Instructions:**

1. Have each student trace their hand on white paper, stretching the thumb out as wide as possible.
2. Ask the students to cut out the hand.
3. Curl or slightly fold the fingers outward to give a fluttering look to the wings (optional).
4. Have them glue the hand cut out onto a blue construction paper.
5. Draw or glue on a small eye and beak.
6. Write or glue a short message on the dove like: “Peace be with you” (John 20:21).



**Activity: Trace the Verse**

**“Peace be with you”**

**John 20:21**

## Review

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### Memory Verse Review:

“Peace be with you.” – John 20:19

### Lesson Review:

#### Questions:

1. Why were Jesus’ disciples hiding in a room? (They were afraid they would also be crucified)
2. How did Jesus come into the room? (He appeared through locked doors)
3. What did Jesus say to His disciples? (Peace be with you)
4. How did the disciples feel when they saw Him? (They were comforted and overjoyed)
5. What can we do when we feel scared or alone? (Pray and trust Jesus, taking the peace He offers us )

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### Life Application:

#### What are we going to do with what we have learned today?

When you feel worried or scared—maybe in the dark, or at school, or when you’re alone—remember that Jesus is with you. You can stop and pray, “Jesus, please give me Your peace.” Just like He stood with His disciples and said, “Peace be with you,” He brings that same peace to your heart today. You are never alone because Jesus is alive and always near you.

#### Close with prayer:

**O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.**