



Friendship Lesson Plan for High Schoolers

Objective: By the end of the lesson, high school students will be able to identify and describe at least five qualities of a good friend.

Open Discussion about Friendship

Initiate a class or small group conversation about friendship. Ask students to share their thoughts on what makes a good friend. Encourage open, respectful dialogue to create a learning-friendly environment.

Everyday Speech PDF Worksheet

Utilize the Everyday Speech's PDF worksheet titled "Qualities in a Good Friend." This worksheet will guide students in identifying and understanding the attributes of a good friend.

Class or Small-Group Discussion

After completing the worksheet, encourage students to share their answers. This exchange can generate meaningful conversations about friendship and understanding. Ask students to reflect on their own friendships. Can they identify these qualities in their friends? How about in themselves? This reflection can promote self-awareness and empathy.

NAME:	DATE:	
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Everyday Speech ACTIVITIES

Qualities in a Good Friend

There are many qualities or skills that are important in friendship. A good rule is to treat others the way we want to be treated. Think about what being a friend means to you.

For each quality given, explain what it means, give an example of how friends can show this quality, and tell why each skill is important for being a good friend.

Show Empathy
Good Listener
Tructworthu
Trustworthy
Giving

Think of 3 more qualities that good friends have. Tell why each one is important!